



Guide for Determining Coverage for Nutrition Services

Does my plan cover Nutrition Services?

To determine coverage, call the customer service number on the back of your insurance card. Ask the representative if Medical Nutrition Therapy (Procedure code 97802) is covered under your medical or prevention benefits.

If yes, for what conditions?

Does the plan cover for diabetes, obesity (BMI over 25), hypertension, high cholesterol, etc.

Is there a co-pay or deductible?

Some prevention benefits will waive the co-pay and deductible.

Is Denine Rogers (National Health and Public Safety – DBA: Living Healthy) an in-network provider?

I'm a provider for the following plans with known exceptions listed. **Blue Cross Blue Shield plans**

Exceptions: HMO (Blue Open Access (HMO) and Blue Open Access (POS), Blue Essential Open Access

HMO/POS), BlueChoice Healthcare Plan and BlueChoice Option, PPO(include PPO, EPO and CDHP products - Lumenos HRS and Lumenos HIA), Indemnity/Traditional Health Plan/Standard and Medicare (HMO, POS and PPO - Blue Value Secure), **Aetna/ProNet plans Exceptions:** PPO, Manage Choice, POS, HMO, EPO, **Humana plans Exceptions:** Commercial plans - PPO, HMO, POS, EPO and Medicare PPO, POS , Medicare Network PFFS, Medicare HMO and Traditional Plans. **United Healthcare Plans Exceptions:** Choice HMO,EPO and Plus, PPO and Select, Medicare Plan Exceptions: covers only diabetes, not pre-diabetes, obesity, etc United Healthcare, Exceptions: MO Health Insurance Marketplace Compass HAS

Cigna Plan

Do you have a secondary Insurance?

Secondary policies may pick up the cost of a co-pay or deductible after the primary insurance has been billed. Supplementary Medicare insurance or Medicare Advantage insurance does not usually cover more than what Medicare allows in the case of Medical Nutrition Therapy. If your plan is a retirement plan or a spouse's plan, you may have coverage for Nutrition services. Call the secondary insurance to determine coverage.

Plans that vary in coverage:

Union plans, self-insured employer based plans. Some cover well and others have no coverage. Tricare – does not cover Nutrition Services ACA Marketplace plans – Do not cover nutrition services unless specifically purchased.

What should you do if it is not covered or if the provider is out of network?

Call Denine Rogers- 833-516-0454, to find out how much a consult will cost. If you have a HSA (Health Savings Account or an HRA (Health Reimbursement Account) or FHSA (Federal Health Spending Account) those monies can be applied towards your visit.