

Denine Rogers, MS, RDN, LD, FAND

Telemedicine Nutritional Consultant at Anthem
and Owner of Living Healthy

To say that Denine Rogers' days are busy would be an understatement. In addition to working full time as a telemedicine nutritional consultant for Anthem (Blue Cross Blue Shield), the "odd hours" of that role enable her to also run her private practice—Living Healthy, an integrative functional nutritional medicine practice in Georgia—and work part-time as an integrative functional dietitian preceptor for Life University in Marietta, Georgia.



As if that's not enough, Rogers finds time to hold various leadership roles such as cochair of the Anthem e-Commerce Committee of the African American Professional Exchange, an alumni ambassador for American College of Healthcare Sciences, and a member and part of the executive committee for some of the Academy of Nutrition and Dietetics' (the Academy) dietetic practice groups and member interest groups. Rogers also works as a consultant in various capacities, has been a contributing writer for the Academy's *Stone Soup* blog, and even serves as a volunteer master gardener in the State of Georgia, a position through which she's been able to work with and teach about herbs, essential oils, gardening, and nutrition to the Douglas County of Georgia local communities, schools, and social and civic groups.

Rogers is also committed to bringing more diversity to the field of dietetics.

"It's a goal of the Academy to bring in more people of different backgrounds, and I'm proud to be part of that effort," says Rogers, who's also an active member of the diversity committee for the Georgia Academy of Nutrition and Dietetics and an active member of the Academy's Asian Indians in Nutrition and Dietetics Member Interest Group. "I enjoy speaking to students about what I do as a dietitian and why this might be a role they'd like to consider for their own future."